

ADULT PEI PROGRAMS

SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO BEHAVIORAL HEALTH SERVICES
PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2015 – 2016 ANNUAL REPORT



The Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. San Diego County has funded 25 contractors to provide PEI programs for adults. The focus of these programs varies widely, from reducing the stigma associated with mental illness to preventing depression in Hispanic caregivers of individuals with Alzheimer's disease. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided. This information is summarized in the following report.

DATA: Adult PEI Programs

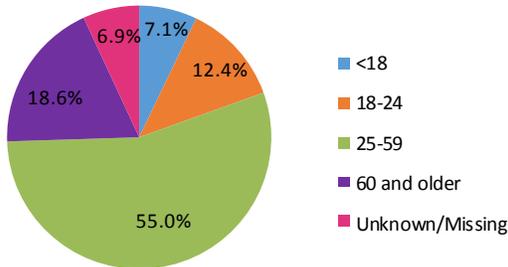
REPORT PERIOD: 7/1/2015-6/30/2016

NUMBER OF PARTICIPANTS WITH DATA IN FY 2015-16: 11,197 (Unduplicated)
**All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.*



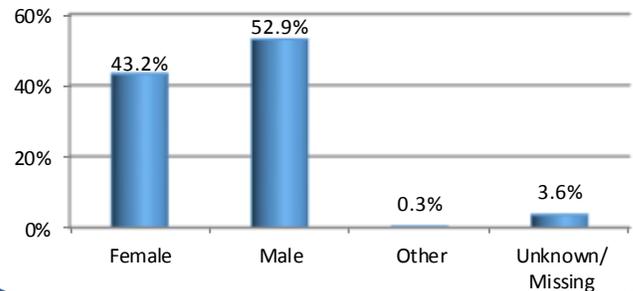
SYSTEMWIDE PARTICIPANT DEMOGRAPHICS

AGE (N=11,197)



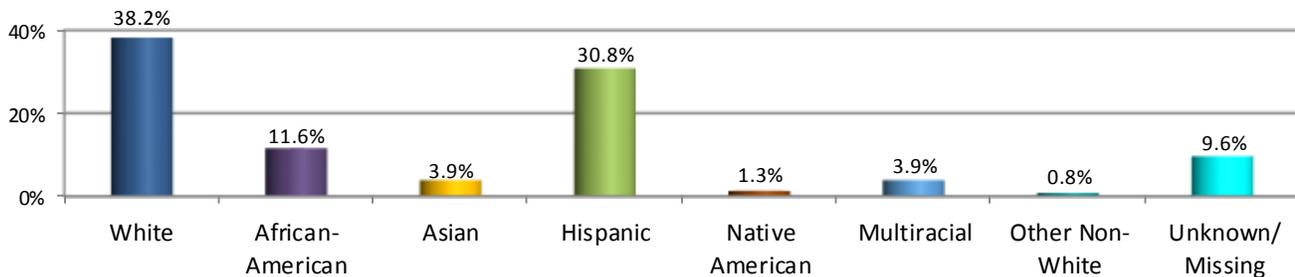
Fifty-five percent of participants who received services were ages 25-59.

GENDER (N=11,197)



Fifty-three percent of participants who received services identified their gender as male. A greater number of participants identified as male, compared to the previous fiscal year FY 2014-15 (27%).

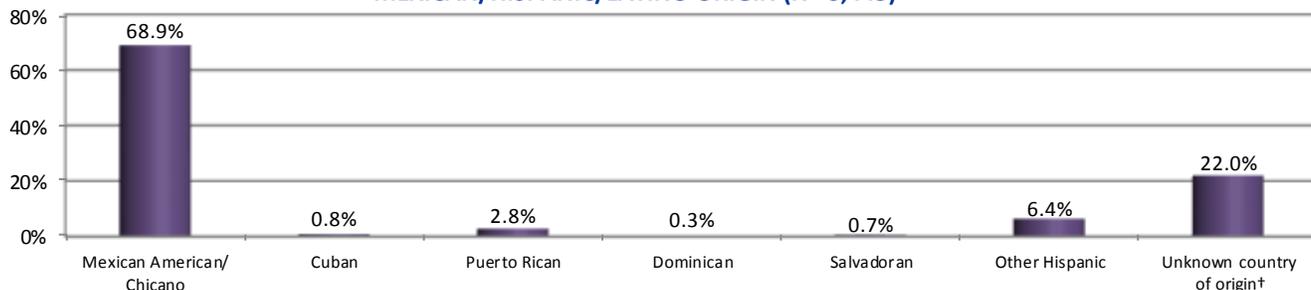
RACE/ETHNICITY (N=11,197)*



Sixty-nine percent of participants who received services identified their racial/ethnic background as either White or Hispanic.

**Participants can self identify as more than one race/ethnicity so percentages may add up to more than 100%.*

MEXICAN/HISPANIC/LATINO ORIGIN (N= 3,445)*

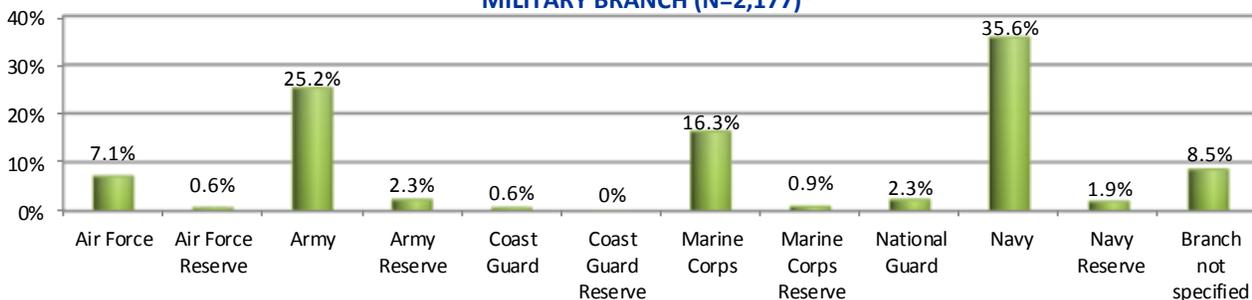


Of the Hispanic population served, 69% identified their ethnic background as Mexican American/Chicano.

*Participants can self identify as more than one ethnicity so percentages may add up to more than 100%.
 †Some PEI programs did not ask Hispanic participants to list their country of origin. Participants from these programs are included in the unknown category.

MILITARY SERVICE

MILITARY BRANCH (N=2,177)*

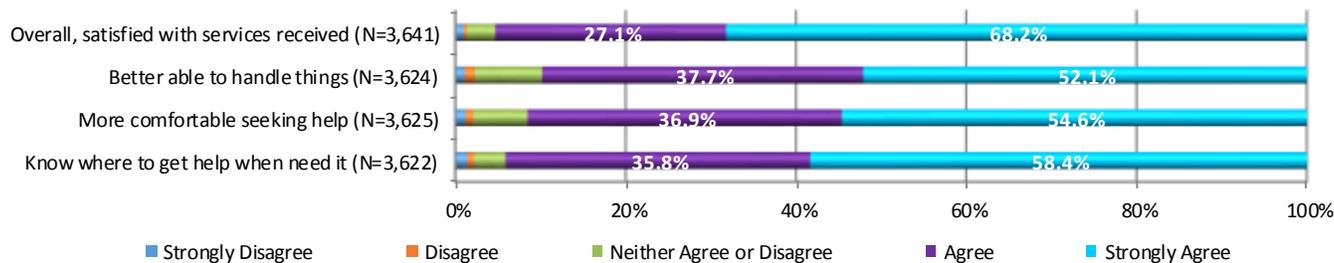


Information on participation in military service was available for 2,177 participants, of whom 2,177 (100%) had served in the military. Of those participants, 36% served in the Navy, 25% served in the Army, 16% served in the Marine Corps and 7% served in the Air Force. The remaining military branches were not as highly represented, and 9% of participants did not specify a military branch of service.

*Participants could have served in more than one military branch so numbers and percentages may add up to more than the N or 100%.

PROGRAM SATISFACTION

PROGRAM SATISFACTION*



For each satisfaction question, responses were obtained from approximately 32% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 95% of the participants who responded were satisfied with the services they received.

*Satisfaction data not available for all participants.

The Health Services Research Center (HSRC) at University of California, San Diego is a non-profit research organization within the Department of Family and Preventive Medicine. HSRC works in collaboration with the Quality Improvement Unit of the County of San Diego Behavioral Health Services to evaluate and improve behavioral health outcomes for County residents. Our research team specializes in the measurement, collection and analysis of health outcomes data to help improve health care delivery systems and, ultimately, to improve client quality of life. For more information please contact Andrew Sarkin, PhD at 858-622-1771.